



Canberra Institute of Technology

FIT & WELL

CARERS SKILLS

NEWSLETTER AUGUST 2021

Welcome to the Semester 2 (Term 3) 2021 Newsletter

Skills for Carers
CIT Health, Community and Science

Welcome to 2021 and welcome back to another semester of CIT Skills for Carers

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The CIT Skills for Carers Team



July

Healthier Carers

Facilitator:	
Date:	
Time:	
Venue:	
To Register:	

Facilitator:	
Date:	
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To Register:	



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Access Canberra

Advocacy for Inclusion

**Aged, Disability and Carer Advocacy Services
(ADACAS)**

Carer Advisory and Counselling Service

Carer Gateway

Carers ACT

Citizens Advice Bureau ACT

Disability ACT Information Service

Mental Health Foundation

My Aged Care

Public Advocate of the ACT

carerskills@cit.edu.au

CIT Skills for Carers

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100002119**

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PAID
AUSTRALIA**